

Zesty Brown Rice with Veggies

Zesty Brown Basmati Rice with Veggies cooked in my Instant Pot. I realized I haven't cooked any rice in a while so today was the day! I sliced up some organic white mushrooms, red bell pepper, Vidalia onion, some celery, rice, and a few other ingredients and lunch!

1 tsp olive oil

4 stalks celery

1/2 red bell pepper

1/2 large Vidalia onion

1/2 Poblano pepper

1 Serrano pepper

1 cup sliced organic white mushrooms

and few dashes of Penzeys California pepper seasoning, red & black pepper, dried minced garlic, and some dried shallots.

1 1/2 cups rinsed brown basmati rice

1 7/8 cup water

1 tsp veggie Better than Bouillon

Sauté all the veggies except for the mushrooms in the oil till tender. Then add the mushrooms and sauté another minute. Add the remaining ingredients and stir.

Set the instant pot to 22 minutes on manual. Do a natural pressure release of 10 to 15 minutes. Then enjoy!

